

Thank you to these and our many other supporters from the community!

How You Can Help

Volunteers for:
Daily animal care;
Animal hospice & nursing care;
Grant writing;
Handyman;
Yard care & drip irrigation maintenance;
Foster homes and care for special needs dogs.
Please call for more information:
505-471-5366

Santa Fe Greenhouses
Emerald Green Earth
Newman's Nursery
Ann Rutledge
Tropic of Capricorn
Critters & Me
Barker Realty, Inc.
San Marcos Feed Store
KSFR Radio Cafe
The Natural Tobacco Co.
Braemarr Kennels & Grooming
Tulliver's Pet Food Emporium
Advantage Construction Co.
Honey Do Home Repair
Ben Swan, The Santa Fe New Mexican
Santa Fe Area Home Builders Association
Groomers: Deborra Berlin, Bonita Powyrs

New Millenium Fine Art
Smith Veterinary Hospital
Century Bank
Burrell & Weisman, CPA
Jerry Wellman & Fairy Tracks
Santa Fe Power Equipment
Frost Foundation
Oso Loco Foundation
The Bastis Foundation
The Gumbo Foundation
El Deseo Foundation
Frontier Frames
Dr. Audrey Shannon, DVM
Doris Goodwyn Walbridge Foundation
The Allene and Jerome Lapides Foundation
The Vollette Charitable Foundation
Janet Upjohn Stearns Charitable Trust

Our Wish List

Dog food: California Natural, Wellness;
Arthritis supplements;
Equine Senior grain;
Poultry scratch grain;
Extension ladder;
Building materials: railroad ties, wood chipper;
Gift cards to San Marcos Feed Store and Critters & Me

Kindred Spirits

Animal Sanctuary

Eldercare & Hospice for Dogs, Horses and Poultry

SUMMER NEWSLETTER
2009

Dear Friends,

Summer at the Sanctuary finds our senior residents warming themselves in rays of sunshine, relaxing under shady cottonwood trees, lounging on dog beds, and cuddling in the laps of volunteers. At Kindred Spirits, our aged animals enjoy a loving, healthy and healing environment, often for the first time, for the rest of their lives.

There is much news to report since our winter newsletter. Here are highlights of the past several months' happenings:

First, there is a happy ending for Rusty, the "golden oldie" who spent more than a year with us. He has been reunited with the family that loved and raised him for the first 12 years of his life! The family was forced to give Rusty



Sammy greets a young visitor to Kindred Spirits Animal Sanctuary.

and called the Fish & Game Service for assistance. After a few days, the bobcat was captured in a humane trap. With permission from the agency, we released him in a safe, remote wilderness location.

Since that time, the poultry have been confined in a small portion of the large yard and locked inside at night. To prevent future attacks by predators, we need a secure, tall perimeter fence. We are seeking help with this project. If you or your business can provide assistance with materials or manpower, please call. The birds would greatly appreciate your help in providing them with a safe haven.

Thanks to the efforts of the local construction community, our new Angel Room addition is a great success. The big dogs were warm, comfortable and so happy to be inside throughout the entire winter, much to the relief of our seniors with joint pains. The room has also worked out perfectly as a venue for our educational programs, including recent workshops on caring for senior dogs and seminars during our Spring Open House. Dr. Mary Anne Schadler, DVM, Dr. Vianey DeAgüero, DVM, animal communicator Leta Worthington, and animal chiropractor Dr. Sherry Gaber, DC, gave generously of their time and expertise. Harpist and singer Caroline

Our Mission

Kindred Spirits is dedicated to providing life-long care of older, unwanted dogs, horses and poultry in a sanctuary setting. In addition, our educational programs focus on the beauty of animals as teachers of unconditional love. We believe this facilitates a better understanding and appreciation of our individual and collective aging processes where we feel privileged to return this love and care to these most vulnerable members in our community.



Rusty reuniting with his family, photographed by Ben Swan.

up when they lost their home 18 months ago. They are finally living in a place that allows dogs, and were able to bring Rusty home. The joyous reunion took place in late April and was covered by Ben Swan of The New Mexican. Thanks, Ben!

Another dramatic story took place in late November. One of our volunteers was feeding poultry early one morning, when a bobcat ran past her! She soon made a gruesome discovery. The bobcat had killed 15 birds including a variety of chickens, a peacock and eleven ducks. We took immediate steps to keep the remaining birds safe,



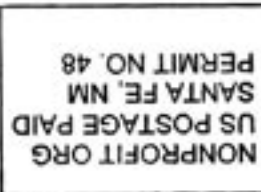
Participants enjoyed beautiful harp music and candlelight at the End of Life Care Workshop.

Salvador receives a healing Jin Shin Jyutsu treatment from his loving friend Adele Leas at Best Friends.



Kindred Spirits is a non-profit 501-c-3 organization. All donations are tax deductible.

SUMMER NEWSLETTER 2009
Kindred Spirits Animal Sanctuary
Eldercare and Hospice for Dogs, Horses and Poultry
Ulla Pedersen, Director
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www.kindredspiritsnm.org



Martin provided lovely, soulful music inspired by the animals. Thank you all for contributing to our educational mission.

Before sharing news about old and new Sanctuary residents, I would like to mention an encouraging trend. Our May workshop on end-of-life care for senior dogs was not only filled to capacity, but seven people on a waiting list had to be turned away! This significant increase in interest shows that our educational programs are providing a much needed service and support.

Two new residents, toy poodle brothers Archie and Abuelito, are waiting to meet you at the Sanctuary! These 14 or 15-year-old boys were abandoned in Roswell, NM. Peach-colored Archie has only one eye, while little white Abu has no teeth. They came to us in January, depressed and afraid. Now they feel safe and loved. These extreme cuddlers can usually be found in a volunteer's lap.



David and Eva Salman enjoy the beautiful roses in the Memorial Garden with Ralphie and Junior.

Two other small, frail dogs, Milagra and Sadie, came to Kindred Spirits from the Santa Fe Humane Society and Animal Shelter during the winter. These precious little terriers were only with us for a very short time. Tiny Sadie had been poisoned with cyanide. Dr. Nan at the Shelter saved her life. We were honored to give both Sadie and Milagra love and care during their last days.

Clementine, a collie-mix, stayed with us for just a month before being adopted. She came from Gallup, NM, where she was found abused and terribly frightened. After regaining her health and sense of well-being, Clementine turned out to be too young for the Sanctuary. She found a peaceful



Spunky seniors Elizabeth and Tessie!

Annual Summer Benefit Art Show!

Saturday, July 25

10 am - 4 pm

Join us for a Reunion of Four Kindred Spirits Supporting Artists!

Call 471-5366 or check our website for more information.

Salvador spends some quality "guy time" with Jack Reese, one of our generous volunteers.



Junior, Sammy, Salvador, Lila Rose and all of the other senior dogs are happy and well in the Sanctuary's peaceful "green" environment with the help of personalized wellness programs. In addition to good nutrition and love, they benefit from traditional and homeopathic veterinary care as well as complementary therapies such as acupuncture, chiropractics, and massage. Thanks to our loyal supporters for putting the wag in their tails and smiles on their faces! Your ongoing support is vital to our work, especially during these tough economic times. Your contributions—in dollars and time—make our work possible. In this edition of the newsletter, we recognize our dedicated volunteers who make such an amazing difference in the lives of the animals at Kindred Spirits. Our residents' lives are immeasurably enriched by the unconditional love, tender care and compassion you give them.

Love and hugs from the animals to each and every one of you, *Ulla and the Animals*

Bo, Ulla, and Loki are making adjustments to welcome Taj to the equine stables.

and loving forever home with a longtime friend of KSAS in Eldorado.

In May, two chickens, Copperlace and Phoebe, both seniors who were raised together, joined the Kindred Spirits poultry family. They are settling in nicely.

Also in May, a new horse arrived at the Sanctuary. Taj is a formerly abused ranch horse who was rescued from the meat market auction by a caring friend of the Sanctuary. He is a sweet and beautiful palomino gelding, about 27 years old. Taj joins our resident horses Bo and Loki in the stables. Bo and Loki are 30 years old now, quite elderly for horses. They have been together for 24 years and are very attached to each other. So strong is their bond that when Taj arrived, Bo jumped over the paddock fence in an attempt to protect his best friend, Loki – an amazing feat for a 30 year old horse! Sadly, Loki is suffering from equine Cushing's disease. Despite excellent vet care and much love, this may be his last summer. In the meantime, Taj is getting acquainted with volunteers who care for him, and enjoying life at the sanctuary.

Design services donated by Sharyn Gray

Calling All Volunteers!

We asked a few dedicated volunteers to answer two questions: "What do you like best about volunteering at KSAS?" and "Who is your favorite resident?" To learn more about volunteering at KSAS, read their answers below or call Ulla at 505-471-5366. Each and every volunteer deserves and has Ulla and the animals' deep appreciation and thanks!

"Being able to spend time with the animals," is what Nancy Henry of Eldorado likes best about volunteering at KSAS.

Nancy and her husband, David, sponsor her favorite dog, Lila Rose. "She has just blossomed from being incredibly withdrawn and afraid into this loving dog who wants pets and kisses," Nancy says. She also loves the horses. "I feel lucky to have gotten to know Bo and Loki and now our new horse, Taj. I love spending time and talking with them...All of the animals are having the best months or years of their lives here at Kindred Spirits. Knowing that makes it more bearable for me when one dies because I know they've been loved."



Bo and Loki enjoy the care and attention given to them by Sanctuary volunteer Nancy Henry.

Claire Leonard likes cooking for Salvador and taking care of the little dogs, from feeding them their breakfast to fluffing their beds. "I mostly enjoy my 'brush and cuddle' time with them," she says. Her hands-down favorite is Julianna. "Julianna lived her life in a puppy mill as a breeder dog. She lived in a cage her

Claire admires Julianna's strength and eternal happiness.



The poultry all love Diane's special hand feedings!

whole life and was so over-bred that all the calcium was depleted in her body and she is crippled. She's a red Dachshund and despite what hardships she must have endured, she is a happy girl who loves to be held. She is definitely one of the most popular of all the little dogs. She has such a great spirit and loves to give kisses."

Diane DeLuca has been volunteering at KSAS for over 5 years! She likes taking care of all of the animals. But her heart belongs to the birds: "I do love the poultry—the way they act and their colors. The ducks and geese have a play pool. I enjoy scrubbing it out and changing the water because I know they love it. They splash, duck and spill the water over the edges." Diane remembers her favorite: "The most wonderful goose named Adrian passed away last Christmas. He had such a personality! And when Adrian died there was a silence, a hush. They knew he was gone. They do mourn."

Fall Open House

Saturday & Sunday

Sept. 26 - 27

10 am - 4 pm

Meet our residents and volunteers, tour the Sanctuary and find out how you can support our mission!

Tiny Gypsy Poo and Maria enjoy a quiet moment together during "brush and cuddle" time.



"What I like is that it's like being on a farm and I always wanted to have a farm, but can't, so this is the next best thing to it," explains Maria Mathes. Like Diane, she enjoys going into the poultry yard. "They're so friendly and funny. They strut around and chase each other. The little guinea hens chase the turkeys and peacocks, and the ducks run up to each other and talk." Maria especially loves older dogs. Her favorites include "sweet and frail" Gypsy Poo, "characters" Elwood and Jake, and Archie and Abu, also known as "the demolition crew."

Thank you to ALL of our wonderful volunteers!